

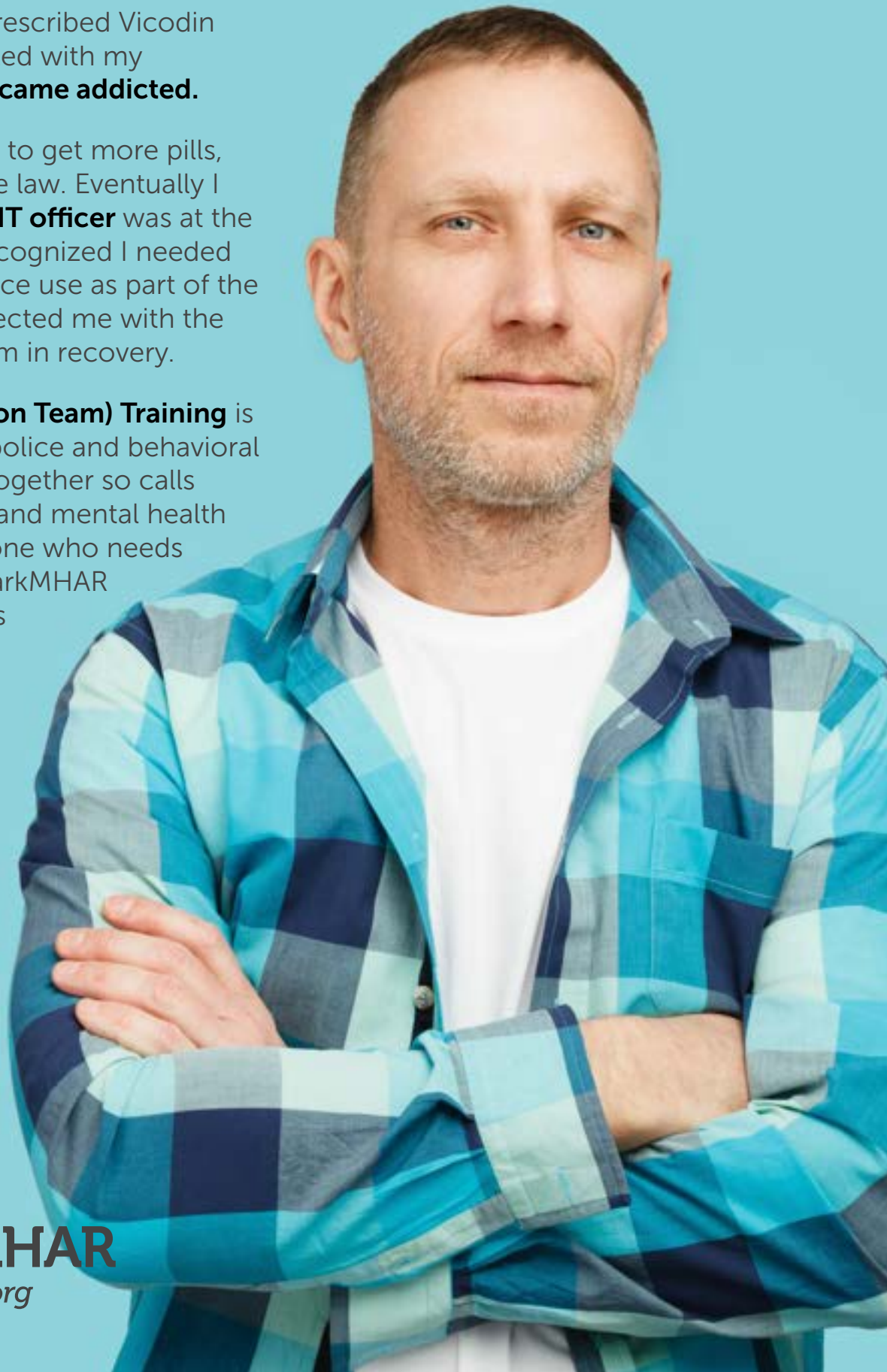
My name is **Michael.**

A CIT officer saved me.

Six years ago, I was prescribed Vicodin for back pain associated with my construction job. **I became addicted.**

I did whatever I could to get more pills, including breaking the law. Eventually I was arrested, and a **CIT officer** was at the scene. That officer recognized I needed treatment for substance use as part of the response. They connected me with the right help, and now I'm in recovery.

CIT (Crisis Intervention Team) Training is a partnership where police and behavioral health experts work together so calls about substance use and mental health result in help for anyone who needs it. In Stark County, StarkMHAR ensures this training is available to first responders in the county.



My name is **Jessica**.

A CIT officer saved my neighbor.

Mary has lived across the street from me ever since we moved in. When I hadn't seen her for a couple of days, I got worried. Soon, I was really concerned that **something was wrong**.

I called the police for a well check. Thankfully, they found that she was physically safe. But, the **CIT officer** who responded recognized that she had isolated herself and was showing signs of depression. That officer knew what to do in the moment, and also connected her with ongoing support.

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My name is **Isabella**.

A CIT officer saved me and my family.

Lately, I've had so many hard days. I was feeling lost, stressed, and just done with everything. **One night, I was thinking about suicide.**

My mom got scared and called the police. A **CIT officer** came to our house, talked with me, and explained he was calling a **counselor** to come help. She got there really fast, and we all had a conversation about what's been going on. We planned next steps that were right for me, and while things can still be tough, I'm learning how to take care of myself and I'm doing better.

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