

Examples of Possible Uses of Flex Funds

This is not meant to be an exhaustive list. Requests for funding (within reasonable amounts) will be considered only after all other sources have been ruled out.

DISCHARGE FROM HOSPITAL/CSU (ADMISSION RELATED TO MENTAL HEALTH SYMPTOMS AND/OR ADDICTION)

1. In-home services to assist with return home by _____ (name of support service or organization)
2. Back utility bill (up to \$600) due to lengthy hospitalization (inability to pay bill related to hospitalization for mental health symptoms and/or addiction)
3. Security deposit, first month's rent, or assistance with utility bill (up to \$600 each), when entitlements have been suspended due to lengthy hospitalization (admission related to mental health symptoms and/or addiction)
4. Care for client's pet while in the hospital to prevent removal of pet from home
5. Symptom reduction accommodation

PREVENT (RE)HOSPITALIZATION

1. Symptom reduction accommodation

STABILIZE CRISIS SITUATION

1. Strategy that assists when client is experiencing a crisis situation (i.e., symptom management)

SUPPORT TRANSITION TO LOWER LEVEL OF CARE (LOC)

1. Symptom management strategy, reinforcement of treatment goals, social/recreation/hobby/interest(s), etc., to support client transition to lower level of care

STEPDOWN FROM ALCOHOL AND/OR OTHER DRUG (AoD) RESIDENTIAL TREATMENT

1. Security deposit or assistance with utility bill (up to \$600 each) in order to move to a sober living environment (recovery housing)
2. Symptom management strategy, reinforcement of treatment goals, social/recreation/hobby/interest(s), etc., to support client transition to lower level of care

PREVENT UTILIZATION OF EMERGENCY DEPARTMENTS

1. Symptom management strategy, social/recreation/hobby/interest(s), reinforcement of treatment goals, etc.

PREVENT EVICTION

1. Cat declawed so that housing is maintained, and client can pass housing inspections
2. Assistance with bed bug prevention (i.e., mattress covers, totes, etc.)
3. Storage totes when clients are working on organization and de-cluttering when linked to hoarding
4. Assistance with furniture/appliance purchase/delivery expenses (up to \$400.00)

HOUSING SUPPORTS

1. Bring additional supports onsite for client (i.e., in-home services)

TRAUMA-INFORMED STRATEGY

1. Strategy to help the client feel safe and/or in control
2. Symptom management strategy to assist when triggers occur

CULTURALLY AND LINGUISTICALLY COMPETENT STRATEGY

1. Strategy that aligns with the client's identified culture

SUPPORT EVIDENCE-BASED PRACTICE – TRANSITION TO INDEPENDENCE PROCESS (TIP), MOTIVATIONAL INTERVIEWING (MI), ETC.

1. Bus passes to support entry into education or employment, or to teach client how to ride bus
2. Strategy that assists in "meeting the client where they are at" (engagement strategy and access)

SYMPTOM MANAGEMENT

1. Music 'system' (i.e., iPod/speakers) when client's report it will assist with decreasing symptoms
2. Headphones
3. Games (handheld/board)
4. Cleaning supplies

REINFORCEMENT OF TREATMENT GOALS

1. Payment for gift cards with small increments to reward good behavior, meeting goals, etc.
2. Organizational supplies for helping clients staying organized and keeping appointments (i.e., calendar, dry erase board, dry erase markers, organizational container with folders)
3. Backpacks for individuals that are homeless in order to secure documents, transport belongings, etc.
4. 30-minute legal consult with Legal Aid (\$30.00)
5. Additional CPST/peer supports

SOCIAL/RECREATION/HOBBY/INTEREST(S)

1. Gym/recreation center membership
2. Canton Museum of Art membership
3. Art supplies/knitting supplies/sewing items/scrapbooking supplies
4. Model car kits
1. Bus pass to get to a social/recreational activity (when other community resources have been ruled out)
2. Bicycle/helmet/bike lock
3. Photography supplies
4. Cooking classes
5. Fishing license
6. Certain shoes needed for physical activity (due to medical concerns with feet)

EDUCATIONAL/EMPLOYMENT

1. Examination (i.e., GED, SAT) fee
2. Bus pass to get to an educational activity (i.e., presentation, class)
3. Fees for birth certificate and or/license – educational and employment barriers without them (when other community resources have been ruled out)
4. Graduation cap and gown
5. Clothing/shoes for job interview
6. Clothing required for job (i.e., work permitted safety shoes)
7. One-time fee for mandatory drug test
8. Bus pass or gas for getting to and from newly acquired job (when other community resources have been ruled out)