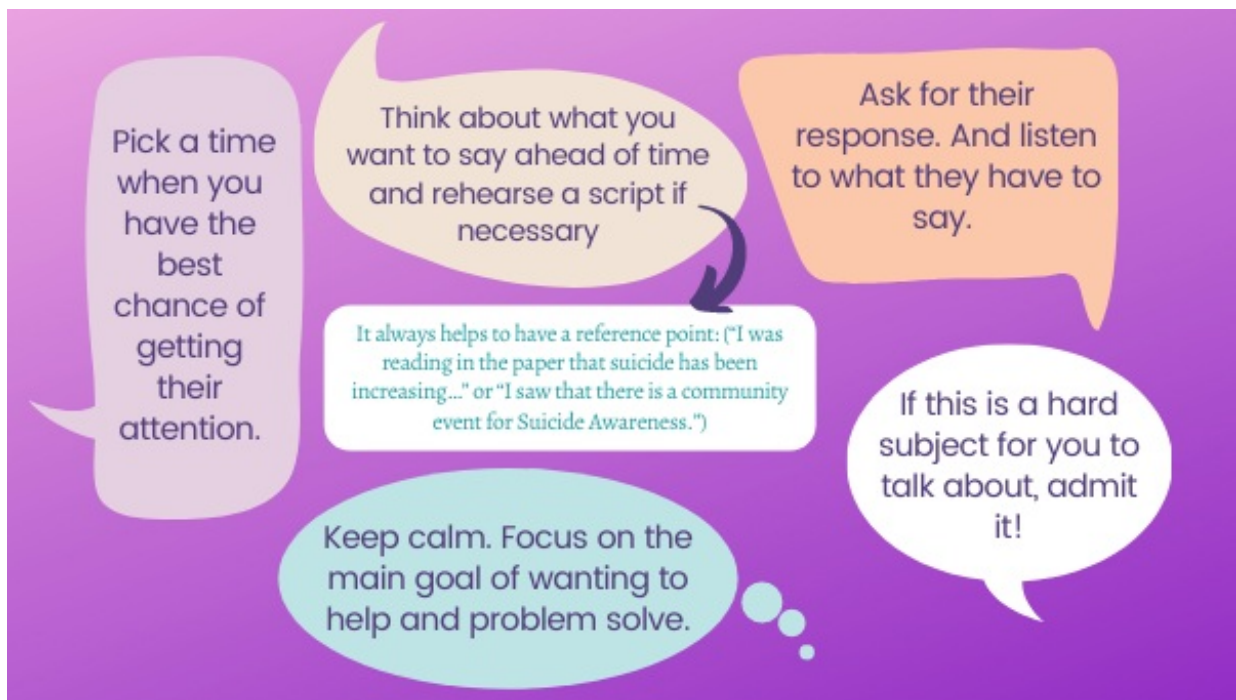


September is National Suicide Prevention Month. *So, let's talk about it.*

Contrary to myth, talking about suicide cannot plant the idea in someone's head. It actually can open up communication about a topic that is often kept a secret. And secrets that are exposed to the rational light of day often become less powerful and scary.

Check out this infographic to learn more about how you can start the conversation.



If you want to learn more, check out our Suicide Prevention page on our website, follow updates and information on our Suicide Prevention Coalition page on Facebook. Or, if you would like to join the Suicide Prevention Coalition, please contact Elena, our Suicide & Community Response Coordinator, at elena.kandis@starkmhar.org

StarkMHAR Suicide Prevention

Suicide Prevention Coalition

*World Suicide
Prevention Day Support!*



World Suicide Prevention Day was on September 10! We met up virtually to show our support by wearing purple!

2021 MOVING FORWARD FOR MENTAL HEALTH WALK

OCTOBER 3, 2021

1-4 PM

A photograph showing four people walking away from the camera on a paved path. The path is covered with fallen autumn leaves in shades of orange, yellow, and brown. The people are dressed in casual attire, including jackets and jeans. The background shows trees and a clear sky, suggesting an outdoor setting in a park or wooded area. The photo is framed with a white border and set against a blue background with white footprints.

NAMI's Annual Moving Forward for Mental Health Walk!
Sunday, October 3, 2021 from 1 - 4 P.M.

[Register!](#)

Stark County is experiencing a rise in drug overdoses.

Fentanyl is a dangerous synthetic opioid that has made its way into Stark County. Keep your community safer by learning more about Fentanyl, where to access Naloxone/Narcan®, and the symptoms of an overdose [here](#). Another way to help is by knowing the crisis resources that are available in Stark County. This video offers insightful information into those resources.

Child Abuse Hotline (330) 455-5437
If you suspect a child is being abused or neglected.

Crisis Hotline & Mobile Response (330) 452-6000
Support for youth, young adults, adults and families at school, home or another community setting.

Crisis Text Line
Text 4hope to 741741 for 24-hour, confidential support from trained counselors.

Domestic Violence Helpline (330) 453-7253
Safety and support referrals for survivors of domestic violence.

Homeless Hotline (330) 452-4363
Emergency shelter and affordable housing program referrals.

Call or Text
To get confidential, 24-hour support from trained counselors.

Major Unusual Incidents (330) 477-4477

Follow us on social for mental health (& more) content!



You are receiving this eNewsletter because you, or your organization, works within the Stark County system of caring for children and families with mental health and/or addiction-related challenges, or because you have signed up to receive StarkMHAR updates.