

# SAFE MEDICATION PRACTICES

*Help Prevent Prescription Drug Misuse*

## 5-POINT STRATEGY



**Talk to your doctor or pharmacist.**

*Ask about side effects, interactions, and alternatives.*



**Use medications only as directed.**

*Follow dosing instructions and never mix with alcohol.*



**Never share your medications or use someone else's prescription medication.**

*Prescription doesn't mean it's safe for everyone.*



**Securely store your medications in a lockable place.**

*Store medication in it's original container and keep an updated list of all prescriptions in your home.*



**Dispose of medications properly.**

*Use a drug drop box, an at-home disposal pouch, or take advantage of local drug take back days.*



**Drug Free  
Stark County**

*StarkMHAR.org*

## Resources

**Safe Home** Protecting your family involves more than keeping them safe from an accident or attack. It also involves being aware of the warning signs of substance abuse and suicide; you cannot remove all risk from your home, but you can make it safer. [StarkMHAR.org/SafeHome](https://StarkMHAR.org/SafeHome)

**Drug Collection Locations** Get rid of unwanted prescription medication at these drop box locations available 24/7 throughout Stark County. [StarkMHAR.org/DrugCollection](https://StarkMHAR.org/DrugCollection) or [OhioRxDisposal.com](https://OhioRxDisposal.com)

**Prevention Action Alliance** Prescription drug abuse among teenagers and young adults is trending at an alarming rate. Familiarize yourself and others with the nature and consequences of prescription drug misuse at [PreventionActionAlliance.org/through-the-medicine-cabinet](https://PreventionActionAlliance.org/through-the-medicine-cabinet)

**Project DAWN of Stark County** This community-based overdose education and Naloxone distribution program provides overdose prevention kits to Stark County residents. [StarkMHAR.org/ProjectDAWN](https://StarkMHAR.org/ProjectDAWN)

**Opiate Hotline** Call the Opiate Hotline at [\*\*330-454-HELP\(4357\)\*\*](tel:330-454-HELP(4357)) for community information, education, support and connection to services anytime, day or night.