



*NOYHS results overview for Stark County schools, compiled by clinical staff at Stark County Mental Health & Addiction Recovery*

The 2019 NOYHS Survey was conducted in grades 7-12 within 17 Stark County school districts with over 16,000 students responding. There was 89% completion rate of those who took the survey.

The survey looked at 9 main different components:

- School academics & involvement, community involvement
- Relationships
- Social Media & tech
- Access to care- medical and behavioral
- Negative Life Experiences
- Adverse Childhood Experiences (ACEs)
- Substance Use
- Mental Health
- Suicide- ideation, attempt, etc.

Important results:

- 56.6% of students feel lonely
- 30.0% of students feel hopeless
- 56.2% of students have high reports of resiliency
- 15% of students were not able to get needed medical or psychological care
- Nearly 60% of students had 3 more negative experiences in 2018-2019 school year (grade, argument, death, break up, etc.)
- ~25% of students had 3 or more ACEs; nearly 40% had 1-2; ~40% had 0;
- Alcohol was the most commonly used substance
- About 32% of students have experienced a mental health problem
- Over 50% of students had exposure to suicide in the news
- Friends, significant others, peers disclosed to the respondent:
  - 27.2% had thoughts of suicide
  - 10.1% planned a suicide attempt
  - 22% attempted suicide
- \*These numbers may be skewed as a student may have disclosed this to multiple respondents
- Over 70% of students had not reported being bullied
- 19% of students had access to a firearm; nearly 73% of those were at home
- Student Self Report of suicide ideations and attempts

Suicidal Thoughts	Before 2018-2019 School Year	During 2018-2019 School Year	Lifetime
Never	68.4%	73.6%	64.5%
Yes, thoughts	18.4%	16.7%	20%
Yes, Plan	13.2%	9.8%	15.5%
<b>Attempted</b>			
Never	91.8%	95.1%	91.2%
At least once	8.2%	4.9%	8.8%

- Females had higher rates of thoughts, plans, and attempts