Survey was conducted in grades 7-12 at 18 school districts in three counties, with over 15,000 students responding. There was a 90% completion rate of those who took the survey.

There were nine main components that the survey examined:

- School academics & involvement, community involvement
- Relationships
- Social media & tech
- Access to care - medical and behavioral
- Negative Life Experiences
- Adverse Childhood Experiences (ACEs)
- Substance use
- Mental health
- Suicide - ideation, attempt, etc.

Important results:

- 56.9% of students feel lonely
- 28.7% of students feel hopeless
- 59.5% of students have high reports of resiliency
- Nearly 16% of students were not able to get needed medical or psychological care
- Over 60% of students had 3 or more negative experiences in 2017-2018 school year (grade, argument, death, break up, etc.)
- ~25% of students had 3 or more ACEs; nearly 40% had 1-2; ~40% had 0; Ohio 15% have 3 or more
- Alcohol was the most commonly used substance
- Nearly 30% of students experienced a mental health problem
- Over 50% of students had exposure to suicide in the news
- Females had higher rates of thoughts, plans, and attempts

### Table: Suicidal Thoughts

<table>
<thead>
<tr>
<th>Suicidal Thoughts</th>
<th>Before August 2017</th>
<th>During 2017-2018</th>
<th>Lifetime</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>69.2</td>
<td>71.7</td>
<td>64</td>
</tr>
<tr>
<td>Yes, thoughts</td>
<td>18</td>
<td>17.6</td>
<td>20.7</td>
</tr>
<tr>
<td>Yes, Plan</td>
<td>12.7</td>
<td>10.7</td>
<td>15.3</td>
</tr>
</tbody>
</table>

### Attempted

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>92</td>
<td>94.4</td>
<td>91.1</td>
</tr>
<tr>
<td>At least once</td>
<td>8</td>
<td>5.6</td>
<td>8.9</td>
</tr>
</tbody>
</table>