



CDC results overview, compiled by clinical staff at Stark County Mental Health & Addiction Recovery

Survey was conducted in grades 7-12 at 18 school districts in three counties, with over 15,000 students responding. There was a 90% completion rate of those who took the survey.

There were nine main components that the survey examined:

- School academics & involvement, community involvement
- Relationships
- Social media & tech
- Access to care - medical and behavioral
- Negative Life Experiences
- Adverse Childhood Experiences (ACEs)
- Substance use
- Mental health
- Suicide - ideation, attempt, etc.

Important results:

- 56.9% of students feel lonely
- 28.7% of students feel hopeless
- 59.5% of students have high reports of resiliency
- Nearly 16% of students were not able to get needed medical or psychological care
- Over 60% of students had 3 or more negative experiences in 2017-2018 school year (grade, argument, death, break up, etc.)
- ~25% of students had 3 or more ACEs; nearly 40% had 1-2; ~40% had 0; Ohio 15% have 3 or more
- Alcohol was the most commonly used substance
- Nearly 30% of students experienced a mental health problem
- Over 50% of students had exposure to suicide in the news
- 24% of students reported very strongly or strongly affected by youth suicides
- Friends, significant others, peers disclosed to the respondent:
 - 31% had thoughts of suicide
 - 11% planned a suicide attempt
 - 26.8% attempted suicide
 *These numbers may be skewed as 1 student may have disclosed this to multiple respondents
- Nearly 70% of students had not reported being bullied
- 25% of students had access to a firearm; 77% of those were at home
- 14% of students with attempts also had access to a firearm
- Student Self Report of suicide ideations and attempts

Suicidal Thoughts	Before August 2017	During 2017-2018	Lifetime
Never	69.2	71.7	64
Yes, thoughts	18	17.6	20.7
Yes, Plan	12.7	10.7	15.3
Attempted			
Never	92	94.4	91.1
At least once	8	5.6	8.9

- Females had higher rates of thoughts, plans, and attempts