

| PHOENIX RISING

• In the past year, Phoenix Rising staff have attended trainings on MAT, evidenced-based best practice for SUD treatment and the ASAM criteria to help increase the quality of care to our clients. We have collaborated with Mercy Medical Center at St. Paul's Square by having a counselor onsite for walk-in assessments and therapy on Mondays with the hopes of expanding to more days in 2019. The goal is to remove barriers to service, being easily accessible when a person is motivated for change. Phoenix Rising has shifted treatment in the medication management department by limiting benzodiazepines through protocol, focusing on counseling and non-narcotic medications with an upcoming stimulant protocol to reduce the risk of abuse. We will continue our efforts to treat dual-diagnosed individuals and increase support for families in recovery.

| SHATTERPROOF

• Shatterproof is a national non-profit dedicated to ending the stigma and devastation of addiction. Our work includes advocating for urgent and needed federal and state policy, public education, payer reform, provider ratings and provider education. Shatterproof hosts the largest national event series with an addiction focus – the Rise Up Against Addiction 5k Walk/Run is held around the country offering a chance to remember those lost, and cheer on those in or seeking recovery while supporting the important work of Shatterproof. To learn more about the organization or to register to be a Shatterproof Ambassador please see our website at shatterproof.org.

| STARK COUNTY HEALTH DEPARTMENT

• The Stark County Health Department continued to lead the Overdose Fatality Review Team which met twice this past year and reviewed the 86 unintentional overdose deaths that occurred in Stark County. A report was created sharing the data from these reviews. This report can be found at: www.starkcountyohio.gov/public-health/nursing-services/overdose-prevention

• Began working with Stark County GIS to create an online form to track naloxone distribution in the field in a timelier, more efficient way. This form will be trialed with Canton City Police Department.

• The creation of a drug drop off locator which gives information and directions to each of the drop off locations in the county also came from this collaboration. www.starkcountyohio.maps.arcgis.com/

• Another data area tracked with the help from County GIS is the 2015- 2017 Unintentional Overdose Deaths comparison

between residence and incident location within Stark County. www.starkcountyohio.maps.arcgis.com/

• 19 of the 22 Law Enforcement agencies in the County carry naloxone. In 2018 there have been 23 overdose reversals reported in the field by law enforcement naloxone use.

• Overdose data from local emergency rooms and urgent care centers is being monitored through EpiCenter with monthly reports available at www.starkcountyohio.gov/public-health/nursing-services/overdose-prevention

• Canton City Police Department has also been working with Stark County GIS in the creation of a county dashboard which includes several different data points regarding opiate overdoses available at one site. www.starkcountyohio.maps.arcgis.com/

| STARK COUNTY TASC*

• At Stark County TASC, we are providing needed relief to the opiate epidemic from several directions. TASC has been providing peer support within the addiction community for many years. While our programs change and evolve, we have been presented with new and exciting ways to reach those suffering in our community. We have a program working within the hospital Emergency Departments where we are meeting those suffering from opiate addiction in those first vulnerable moments when they have come so close to death by offering hope and guidance. We start the work of getting them into treatment and other vital changes before they leave the facility. The team works hard to make sure that no one that comes to the Emergency Department from an opiate overdose leaves without knowing that there are options and people willing to help them take those first difficult steps into recovery.

• We are committed to walking the path with them; wherever they are, today is where we start. That journey could be getting into treatment, seeking outpatient treatment (as well as a safe and sober living environment, a job, health insurance, food, clothing or 12-step meetings) and/or reconnecting to mental health or physical health providers or any other barriers they need help getting around to ensure the road to recovery is clear. Our team is very informed and up to date with over a hundred resources that are available to help them and their loved ones. We have already at this point made a difference in many peoples' journeys in a positive way. While we see the road ahead to be a long, we feel that if everyone is doing their part we can start piecing together valuable members of the community and watch Stark County flourish. Contact Stark County TASC at 330-479-1912.

| SUMMIT PSYCHOLOGICAL ASSOCIATES*

Our Canton locations have expanded with a new convenient downtown location. Both Canton offices are centrally located and offer a wide range of services to meet the needs of the community, including:

- Medication assisted treatment with Vivitrol
- Family Addiction Support Group
- Individual and group counseling for mental health, addiction, anger management and more (including forensic services for court involved clients).

| UNITED WAY of Greater Stark County

• Coordinated continued funding for an ID voucher program to help people obtain documents necessary to enter substance use disorder treatment.



STARK COUNTY'S Opiate Epidemic COMMUNITY UPDATE | 2018



FACING OUR OPIATE EPIDEMIC: NEWS FROM COUNTY SECTORS

DRUG DROP-OFF BOXES:

- Alliance City Police Dept.**
470 E. Market St., Alliance
- Brewster Police Dept.**
145 W. 1st St., Brewster
- Canton City Police Dept.**
218 Cleveland Ave. SW, Canton
- Canal Fulton Police Dept.**
1165 Locust St. S, Canal Fulton
- Hartville Police Dept.**
202 W. Maple St., Hartville
- Jackson Township Police Dept.**
7383 Fulton Drive NW, Massillon
- Louisville Police Dept.**
1150 W. Main St., Louisville
- Magnolia Police Dept.**
328 N. Main St., Magnolia
- Marlboro Township Police Dept.**
7344 Edison St. NE, Hartville
- Massillon Police Dept.**
2 James Duncan Plaza, Massillon
- Minerva Police Dept.**
209 N. Market St., Minerva
- Navarre Village Hall**
27 Canal St. W, Navarre
- North Canton Police Dept.**
145 N. Main St., North Canton
- Ohio State Highway Patrol**
4711 Shuffel St. NW, North Canton
- Perry Township Police Dept.**
622 Genoa Ave. SW, Massillon
- Plain Township Hall**
2600 Easton St. NE, Canton
- Stark County Sheriff's Office**
4500 Atlantic Blvd. NE, Canton
- Uniontown Police Station**
1635 Edison St. NW, Uniontown



| AULTMAN HEALTH FOUNDATION

Aultman Hospital & Aultman Alliance

• Created an interdisciplinary team of colleagues from the hospital who attend the Stark County Opiate Task Force meetings, and a hospital representative who is a member of the Ohio Hospital Association Opiate Response Initiative.

• Created an internal Opiate Task Force Committee to align hospital initiatives with the County task force strategic initiatives. The Opioid Task Force consists of a multidisciplinary group of clinicians that include physicians, nurses, and pharmacists spanning across our health care delivery system as well as having representation from Aultman Hospital's Board of Directors. The Opioid Task Force is working on modifying the approach to managing pain, instituting safe prescribing standards, and providing clinicians with education.

• Participated in county-wide Drug Take Back Day.

• Aultman Alliance Community Hospital worked collaboratively with CommQuest to open an Acute Detox Program.

• On-boarded TASC volunteers to work in the Emergency Department to assist with overdose patients and those who are seeking detox services. TASC Peer Support Coaches work five days per week in the ED helping support patients.

• Actively participated in the Overdose Fatality Review Committee.

• Aultman Alliance Community Hospital worked collaboratively with the Stark County Health Department on the Prescription Drug Overdose Grant.

| CANTON CITY PUBLIC HEALTH

• Provides confidential HIV testing, education and counseling during both Sexually Transmitted Infection clinic and HIV clinic weekly. Knowing your status continues to be the best way to protect yourself from getting or spreading the virus. Learn more at www.cantonhealth.org/nursing/?pg=263

• Provides Couples HIV Counseling and Testing Services. This service facilitates communication and disclosure of HIV status among partners. The goal is to provide couples HIV testing and counseling so that they can understand and accept the results of their HIV test and access appropriate follow-up care, treatment and prevention services. It also supports linkage to HIV medical care, pre-exposure prophylaxis (PrEP) and/or other appropriate services. Learn more at www.cantonhealth.org/nursing/?pg=263

• Provides a syringe access program, Stark Wide Approach to Prevention (SWAP), to address the significant increase in bloodborne infections among people who inject drugs. SWAP is based on principles of harm reduction that "meet our clients where they are." The program provides sterile syringes, proper disposal of used syringes, referrals to treatment for substance use and mental health care, confidential HIV and Hepatitis C testing, wound care education, Narcan training and distribution, safer sex supplies and an environment where people who inject drugs can feel safe. Open every Friday from 2 p.m. to 4 p.m. Learn more at www.cantonhealth.org/nursing/?pg=493

Visit our website at www.cantonhealth.org or Facebook page at www.facebook.com/cantonhealth

| COMMQUEST*

Over the past year, CommQuest has worked closely with StarkMHAR and other community partners to increase access to care for those struggling with an opioid addiction. This includes:

• **Alliance Detox & Recovery Unit:** On October 30, 2017, CommQuest opened the Alliance Detox & Recovery Unit inside of Alliance Community Hospital. The 16-bed medical detox unit accepts referrals 24/7 and has served clients from more than 25 Ohio counties since opening. The Alliance Detox & Recovery Unit can be reached by calling 330-821-8503.

• **Deliverance House II:** In April 2018, CommQuest opened Deliverance House II in Massillon. The 16-bed residential treatment program helps women learn how to live life without addiction and develop the coping skills necessary to maintain recovery. Deliverance House II can be reached by calling 330-452-9807.

• **Prevention Services:** For the 2018-2019 school year, CommQuest has expanded prevention services to several additional Stark County school districts. Identified at-risk students attend groups, once per week, led by a prevention specialist who conducts a curriculum designed to help address concerns that create barriers to student learning and success. More information about prevention services can be found by calling 330-455-0374.

Need tips on talking with family and friends about drug abuse?

StarkMHAR.org/TalkwithFamily

Facing our opiate epidemic

NEWS FROM COUNTY SECTORS
(cont'd.)



COMMQUEST (cont'd.)

• **Regional Center for Detox & Recovery (ReCOR):** On August 1, ReCOR was converted from an ambulatory detox program limited to those addicted to opioids, to a 24/7 medical detox program serving those struggling with any addiction. ReCOR can be reached by calling 330-837-9411.

• **Quick Response Teams:** Canton SOS and Stark County Quick Response Teams continue their outreach on a weekly basis to those who have experienced a non-fatal overdose, in an effort to engage the survivor in treatment. The teams provide education, support, referrals, linkage, and Narcan to individuals, family members, and the community. More information about the Quick Response Teams can be found by calling 330-837-9411 and asking to speak with Julie Priebe.

As a result of these program enhancements, CommQuest now offers 32 medical detox beds, over 150 residential treatment beds serving adults and adolescents, Medication Assisted Recovery (MAR) services, and outpatient counseling at six locations in Stark and Carroll Counties.

F.A.T.H.E.R.S.

Families Against The Heroin Epidemic Rally in Stark

• The F.A.T.H.E.R.S. Motorcycle Poker Run began in 2015 as the first event of its kind in this area and we are planning for our fifth annual ride on June 15, 2019. This event gives a powerful voice to those who have been affected by this epidemic as well as providing access to treatment and support services through our resource fair. The 2016 and 2017 events were officially proclaimed as Heroin Awareness Day by the cities of Canton and Massillon. The 2016 event was also recognized by the Stark County Commissioners.

• We are responsible for the creation and maintenance of the www.starkheroinepidemic.org website which averages approximately 400 visitors each month. The site contains all available

resources in Stark County for treatment, recovery, family and social support services. Corresponding help cards are distributed with every needle exchange kit dispensed by the SWAP program and are available upon request to any interested agencies.

• In partnership with CommQuest Services, we have developed and implemented the F.A.T.H.E.R.S. K.I.D.S. program. Kids Initiative to Develop Serenity is a free monthly family support, prevention education, fun and fellowship day camp for children ages 8-13 who have been affected by substance abuse in the household. Complete program information is available online at www.fathersrunstark.com/kidsdaycamp. We have also facilitated the permanent placement of qualified CommQuest peer support staff at the SWAP program.

• We have installed and maintain seven permanent signs countywide to promote epidemic awareness and access to help.

FREE AGENTS 4 RECOVERY

• Free Agents 4 Recovery came to The Ken Weber Community Campus at Goodwill in May 2018. An average of 20 clients monthly (and rapidly growing) have requested services. Peer support specializes in connecting clients with resources. We link them to all phases of recovery (treatment, aftercare, sober living environment and employment), mental health and substance abuse providers. Our agency has limitless resources available. Our agency is staffed with an Ohio Integrated Peer Support Facilitator (state certified), two chemical dependency counselors, an Ohio State Licensed mental health therapist and a host of volunteers. With the ongoing opiate epidemic in Stark County, Free Agents 4 Recovery is anxious to be collaborating with other agencies to assist in educating Stark County and bring Peer Support Training that is desperately needed. A Nar-Anon support group has been started at the Goodwill campus on Thursdays from 6-7:30 p.m. in the conference room to support the family members and loved ones. For more information, please contact Free Agents 4 Recovery at the Goodwill campus.

HOPE UNITED

• Hope United has three pillars: Education, Support and Recovery. We have spoken across the country, as we share our personal story about addiction at schools, churches, businesses, organizations and sports teams, etc. We educate on addiction as a disease, the stigma, overprescribing of pain pills, as well as dealing with pain in productive ways, as opposed to drowning our pain in alcohol, drugs or suicide. As we talk about these issues, stigma decreases and we see more people raise their hands for help. We try to get the conversation going and help people understand the alcohol, drug and suicide epidemic that is going on in our country.

• We also offer support to families who have lost someone to addiction at "The Well." A place of Hope, Healing and Restoration. We meet the 1st and 3rd Wednesdays at 6:30 at Crossview Church (737 George Washington Blvd. Akron, 44312). Our Love Bears All program offers hand-stuffed teddy bears with information to kids who have lost a parent to addiction. We pass these out to local police, and Children's Services to be handed out as needed. Our hope is to also offer a support group for these children in the future. We are also at hand to talk over the phone or meet with struggling parents, as they try to navigate the system and most importantly offer hope and support. We have Facebook pages for Hope United to educate people, keep them informed, and give hope, as well as a Facebook page for The Well, that is a closed group for those who have lost a loved one, to be able share and encourage each other.

• Our main vision is building Ohio's First Relapse Prevention Wellness Center, which we broke ground for on September 28, 2018. As we have spent the last couple of years researching in Stark, Summit and Portage Counties, as well as what we personally knew, we noticed a huge gap for those seeking long term recovery. The idea of a Relapse Prevention Wellness Center was birthed, which incorporates healing of the mind, body and spirit, as well as a focus on community. Tyler's Redemption Place will be a center that takes over where current treatment leaves off, to navigate those seeking recovery in

many ways. We will offer support groups, relapse prevention programming, counseling, life skills training, coping skills, and addressing pain with alternative approaches like exercise, massage, cryotherapy, and acupuncture. We will have a weight room, multipurpose gym/room, cardio room and sauna to address physical fitness and its benefits. We will also advocate for community, as we will have a café/coffee shop as well as a library to create a safe place to meet and connect. We plan on adding art therapy and many other healing alternatives in our programming. For more information or how you can help support this project go to www.HopeUnited.Life or e-mail Shelly Bornstein (shelly@HopeUnited.Life).

LIFECARE FAMILY HEALTH AND DENTAL CENTER

Lifecare Family Health and Dental Center has been serving your community since 1994, originally as Canton Community Clinic. Our team of health care professionals includes behavioral health counselors, psychiatric nurse practitioners, family physicians, nurse practitioners, dentist, dental hygienists, and optometrists. We provide comprehensive health and support services to meet all of your health care needs.

We are a Federally Qualified Health Center - what this means for you:

• We are centrally located in areas that are medically underserved.

• We provide affordable, accessible and comprehensive family health care.

• We offer a diverse team of health care professionals.

• We offer payments based on a patient's ability to pay using a sliding fee scale.

• Our mission is to provide quality health care primarily to the medically underserved.

We welcome new patients, are conveniently located on a SARTA bus route, provide ample parking, are handicap accessible and accept all Medicaid programs.

Our Services

• **Behavioral Health:** Individual and Family Counseling, Mental Health Assessments, Treatment of Mental Health symptoms, Substance Use Disorders, to include Vivitrol and other MAT services, and Grief Counseling.

• **Medical Services:** Physical Exams, Diabetes Management, Cancer Screenings, Blood Pressure Control, Laboratory Screenings, Nutrition Information, and Health Education.

• **Women's Health:** Gynecological Exams, Breast Exams, Pregnancy Testing, and Family Planning.

• **Pediatrics:** Work/Sports Physicals, Well Child Exams, Lead Testing, and Routine Exams.

• **Dental:** Dental Exams, X-rays, Minor Restorations, Cleanings and Dental Hygiene, and Dental Education.

• **Vision Care:** Vision Testing, and Diabetic Eye Screenings.

We have three locations to serve you:

- 2725 Lincoln St. E, Canton 44707
- 408 Ninth St. SW, Canton 44707
- 820 Amherst Rd. NE, Massillon 44646

Call today for an appointment at 330-454-2000.

NARCOTICS ANONYMOUS

• Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. In Stark, Carroll, and Tuscarawas Counties, we have 19 groups that meet regularly each week. The times and locations of these meetings can be found at www.stacsna.org/meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

• Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict has an opportunity to experience our message of recovery.

NORTH CENTRAL ACADEMY OF CHIROPRACTIC

• Teamed up with OSCA Opioid Task Force to analyze the reluctance of Ohio's largest health care payers to improve coverage of non-pharmacologic alternatives to opioids like chiropractic and acupuncture recommended by state and national pain treatment guidelines. The Canton Repository published our op-ed "Reluctance to Change" explaining the problem. Generating interest from Ohio legislators to remedy the issue.

• Developed more relationships with local hospitals and medical providers to improve patient access to non-pharmacologic pain options.

• Provided presentations to schools in Stark County about the opioid epidemic and drug-free pain management as one of the solutions to preventing opioid abuse.

• Secured proclamation from Canton mayor and Ohio governor recognizing September as Drug-Free Pain Management Month, acknowledging chiropractic and non-drug treatments for pain can help stop the opioid epidemic.

• Created and disseminated educational

resources to chiropractic physicians statewide and working nationwide to increase their awareness of the opioid epidemic and help them educate their patients about the problem.

OHIOGUIDESTONE*

• OhioGuidestone is a community solutions organization. We offer a unique blend of behavioral health and addiction treatment services, skill building programs and prevention opportunities for children and families. At OhioGuidestone, our clients learn how to access personal or community resources to help them improve their situations. We not only help resolve problems that already exist, but teach skills to help individuals become self-sufficient, and prevent future obstacles to success. Our services help individuals not only to survive, but thrive.

• OhioGuidestone is known for our Recovery 360 program that provides office or home based outpatient level treatment that includes individual and family counseling, specialized case management, and psychiatry services if needed. Our evidence based approach addresses trauma and loss, family and community functioning, building social skills, holistic health and wellness, parent education, establishing and engaging with a sober support system, and creating and maintaining a recovery environment.

• OhioGuidestone also provides prevention services through our evidenced based, home based Nurturing Parenting program. This program helps increase positive family communication and relationships, provides information and prevention education, and promotes overall health and wellness. We link clients and families to formal and informal supports as well.

ARE YOU IN CRISIS?

Help is available...

• Call **9-1-1** if emergency services are needed. If requesting law enforcement, you can ask for a Crisis Intervention Team (CIT) trained officer.

• Call **330-452-6000**, the Stark County Crisis Hotline anytime, day or night.

• Text **4hope** to **741 741**, the Crisis Text Line anytime, day or night.

• Military & Veterans Crisis Line **1-800-273-8255, press 1** anytime, day or night.

• **Military & Veterans Crisis Text Line 838255** to get help now.

• **Opiate Hotline 330-454-HELP (4357)** for community information, education, support and connection to services anytime, day or night

*Asterisk indicates StarkMHAR Care Network provider.

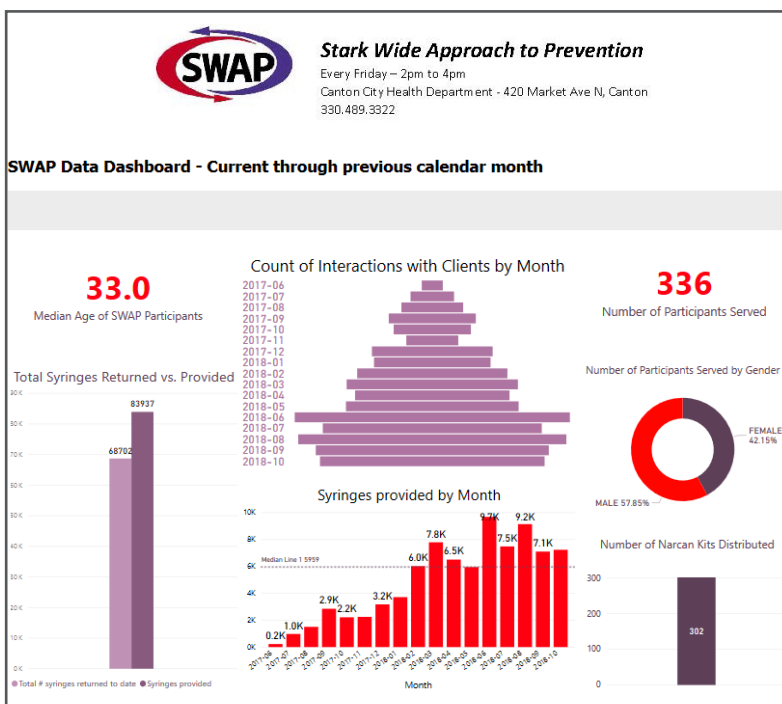
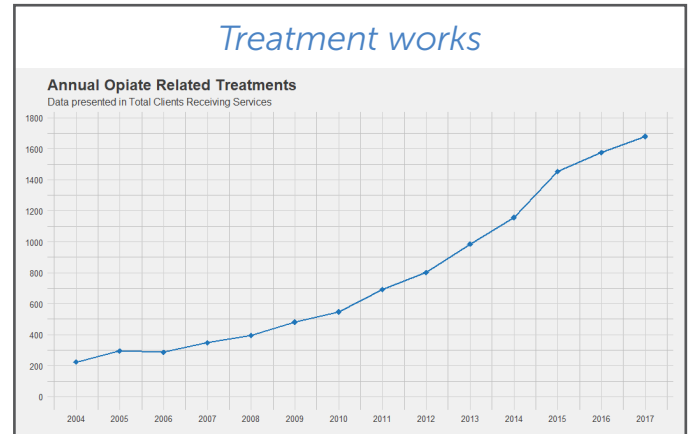
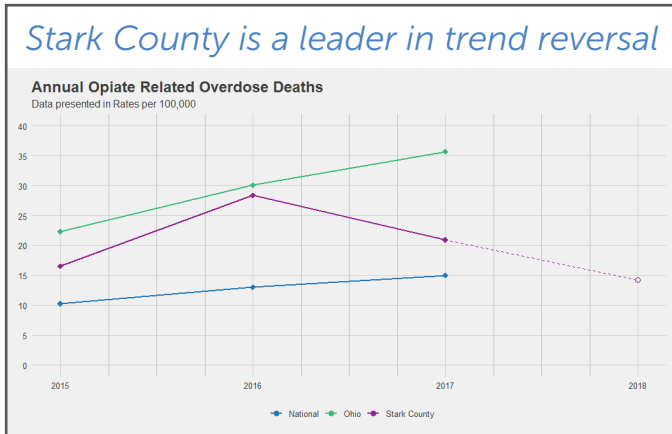
NEXT STEPS FOR PROACTIVE PROGRESS



John R. Aller, PCC, LICDC,
Executive Director

The fact that deaths are down in Stark County, which is not the case in all parts of our state and country, is absolute progress. The caveat in that victory, however, is the evolving definition of our success. A person merely staying alive is not our end goal – we want meaningful, productive lives for individuals struggling with addiction.

So where do we start? I would suggest we start with the data. Unlike when this crisis first began, when much of all we knew was how many people were dying, we now have figures spanning several years that can begin to tell us a story:



The integration of these various data points, along with other elements, encourages a public health perspective based on best practices around *prevention efforts, improved data quality and tracking, support for providers, community partnerships, and consumer education*. The CDC has identified these focus areas as most important, and I think our community partners would agree on their significance.

Our efforts are showing real results and I know we are all committed to continued forward progress.

CONFIDENTIAL. 24/7.



Opiate Hotline

330-454-HELP (4357)

Stark County Access,
Referral & Family Education.

Stark County's Opiate Hotline is for residents and families

- All calls are confidential and are accepted anytime, day or night
- Immediate access, engagement, triage and screening, and support
 - Service referral, system navigation, and linkage
 - Education on treatment options for opiate addiction

More resources

Get a Naloxone overdose kit. Naloxone (also known as Narcan®) is a medication that can reverse an overdose caused by an opioid drug (heroin or prescription pain medications). When administered during an overdose, Naloxone blocks the effects of opioids on the brain and quickly restores breathing. Naloxone kits are distributed free of charge at area providers. Find out where to get a kit at StarkMHAR.org/OverdoseKit

Drug Drop Off Locations. Don't risk your unwanted prescriptions getting into an illicit supply pipeline. Drug Free Stark County has collaborated with law enforcement and community partners throughout Stark County to establish permanent drug drop off locations countywide. No questions asked. Find a drop box near you at StarkMHAR.org/DrugCollection

Heroin & Opiate Help Resources are available for families as well as medical professionals. Plus, explore risk factors, warning signs and common types of opiates. Learn more at StarkMHAR.org/Opiates