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***FOR IMMEDIATE RELEASE***

**Art show features teen creativity to process life struggles May 13-17**  
***Hosted by Child & Adolescent Behavioral Health and StarkMHAR, show opens May 13***

*Stark County, OH (May 10, 2016)* – The “Health, Hope & Happiness” youth art show will be held May 13-17 at the 3rd Space Gallery at 600 Market Ave. N. in downtown Canton. Held during national Mental Health Month, Child and Adolescent Behavioral Health and Stark County Mental Health & Addiction Recovery are honored to showcase the artwork of resilient teens using art to process many of life’s greatest struggles. Young artists from across the county and art therapists will be represented at the opening night reception on Friday, May 13 from 4-6:00 p.m. Refreshments will be served and the public is invited to attend.

Participants were asked to reflect and process emotionally through artmaking using various media meant to facilitate healing. The creative art-as-therapy process seeks to integrate the body-mind holistic connection to allow expression of necessary emotions in a safe and nurturing environment.

Additional gallery hours for this show will be Sat., May 14 from 9-11:00 a.m. and Tues., May 17 from 1-4:00 p.m. The 3rd Space Art Gallery, a project of the Juilliard Arts Center, is a collaboration of Plain Local, Canton Local and Canton City School Districts and is housed in the lower level of the Motter & Meadows Architects building across from The Palace Theater.

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***About Stark County Mental Health & Addiction Recovery***

Stark County Mental Health & Addiction Recovery is a multi-faceted organization of expert professionals, dedicated volunteers and concerned community leaders close to mental health and addiction needs right here at home. StarkMHAR is responsible for planning, funding and monitoring public mental health and addiction prevention, early intervention and treatment services delivered to the residents of Stark County. It is one of 50 Boards coordinating the public behavioral health system across Ohio. StarkMHAR also advocates for residents with behavioral health issues at both the local and state levels and provides educational opportunities for local providers and other community stakeholders. For more online about the work of StarkMHAR, visit [www.StarkMHAR.org](http://www.StarkMHAR.org).